



MOUNT ZION HEALTH FUND

Resources for a Healthy Community

COMMUNITY UPDATE : SPRING 2003

House Calls: Ury Endowment Fund Teaches Lost Art

Richard and Maria Ury were both interested in medicine from a young age. Each had pursued medical training in Europe, and when forced to flee to the US in the late 1930s, they brought their hopes and career goals with them. Maria immediately volunteered in the radiology department of Mount Zion Hospital to learn how American medical equipment worked. Richard, although not able to complete medical studies, maintained a long-time interest in medicine. The Urys felt fortunate to live and work in the San Francisco Bay Area and had a strong desire to give back to the community.

One of the ways they did this was to give their time as volunteers. Gail Sorrough, Librarian at Mount Zion's Fishbon Library, can't say enough about Richard Ury (who passed away in 1999) and the help he provided. "He was an invaluable volunteer - for ten years he came here five days a week. He was a real asset. He had a wonderful sense of humor and was willing to pitch in wherever needed - including learning to use the computer when he was in his mid-seventies. We miss him!"

The Urys also gave back by establishing the Richard F. Ury and Maria B. Ury Endowment at Mount Zion Health Fund. The fund seeks to "preserve and expand one of Mount Zion's greatest strengths...education, training and delivery of quality patient care...by highly trained internists." In 1999, the fund initiated a novel program within the

"Tradition Wall" Installed in Main Lobby of UCSF Medical Center at Mount Zion

Mount Zion Hospital traces its origin to a decision made by the Jewish community in 1887 to provide free care to indigent Jewish patients in San Francisco. Commemorating this long and rich history, an etched glass "Tradition Wall" was recently installed in the main lobby of UCSF Medical Center at Mount Zion. The 14-foot-long wall depicts the original Mount Zion Hospital in a computer-assisted etching based on a 1913 photo. Also inscribed are the names of all past presidents and chiefs of staff since the hospital was established.

The project was underwritten by the Julius Krevans Fund of MZHF, established to honor the former UCSF Chancellor when he stepped down. Use of the fund is at the discretion of the UCSF Chancellor, and the Mount Zion community appreciates Chancellor



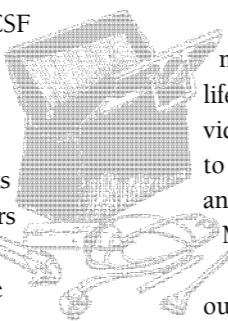
UCSF Medical Center at Mount Zion Associate Dean Jeffrey Pearl, MD, at the dedication of the Tradition Wall

Michael Bishop's decision to support this tribute to Mount Zion Hospital's past.

The wall was created by Gordon Heuther, whose glass creations also adorn the meditation room at the Mount Zion campus. With these projects installed, and the rededication of a sculpture entitled "Double Folded Circle Ring - Split" by Fletcher Benton, the main lobby of the Medical Center now represents a welcoming link from the past to the present.

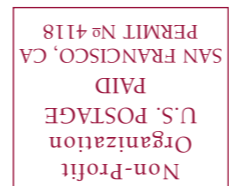
Division of Geriatrics, UCSF Mount Zion House Calls. Its two major goals:

- To train medical residents and medical students in home care for frail elders and in all the issues that arise in delivering this care
- To integrate training in home care into the core of residency and medical student training at UCSF Mount Zion



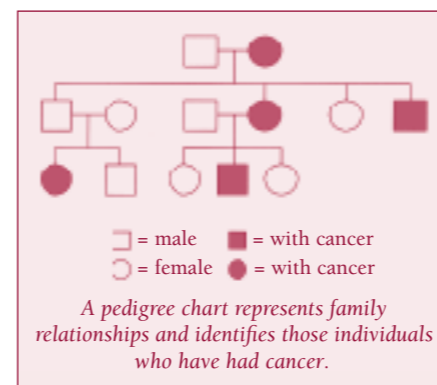
UCSF House Calls continues to be a model of care, improving the quality of life for many frail older adults while providing invaluable training in home care to medical students and residents. Still an active volunteer in the health field, Maria commented, "It is very satisfying and gives me great pleasure to know of our endowment fund's successful work."

For information about establishing a fund or making a gift, please call MZHF at 415 . 750 . 4100.



Pilot Project to Provide Cancer Risk Assessments for Russian-speaking Families

The UCSF Mount Zion Cancer Risk Program is a multidisciplinary service established in 1996 to counsel patients from families with a history of cancer. The program assesses the likelihood of heritable risk



and/or cost barriers to genetic testing and counseling. MZHF is underwriting a pilot study to reduce these barriers to care for one underserved group, Russian-speaking Jewish women who are at-risk for breast and ovarian cancer. People of Ashkenazi Jewish ancestry have a higher frequency of certain gene mutations and therefore are at much higher risk for breast and ovarian cancer than the general population.

The project, designed to reach out to first generation Russian Jewish immigrants (and their families) who do not speak English, includes: distributing language-appropriate educational brochures, providing genetic assessment and counseling for at-risk family members through interpreters, offering "scholarships" for free genetic testing for the most common mutations carried in Jewish families, and conducting follow-up services to ensure that all at-risk family members learn about specific early surveillance recommendations and counseling options when a mutation is identified in the family. The project is scheduled to run for one year. If you know someone who could benefit from these services, please call 415 . 885 . 7779.

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MAMMOVAN BRINGS NO COST SCREENINGS AND EDUCATION TO UNDERSERVED NEIGHBORHOODS

UCSF's first-ever digital mammovan began visiting San Francisco neighborhoods in March 2002, and has provided state-of-the-art mammography services and expert readings to more than 1,000 low-income and underinsured women in its first year. This mobile clinic is staffed by a radiology technologist and a driver/receptionist who can deliver approximately thirty no-cost screenings per day. Because it uses digital imaging, there are no x-ray films to develop. The mammovan, based at the Mount Zion Campus, travels 3 to 5 days a week and includes stops at ten community health clinics as well as many community events. Studies have indicated that over time, breast cancer mortality can significantly decrease within communities receiving care through this method of early detection. MZHF is proud to assist this effort. For more information, please call 415 . 353 . 7343.