

## TRUST & SPECIAL FUNDS

### PATIENT CARE FUNDS

Alice and Sidney Schwartz Patient Fund  
Berthold and Belle Guggenime Fund  
Blanche B. Goldman Newborn Prenatal Care Fund  
Cardiovascular Patient and Family Care Fund  
Children's Caring Fund  
Claire Zellerbach Saroni Memorial Tumor Institute Fund  
Clinic Fund  
Dorothy and Edwyn Garfield Fund  
Dr. Jacob Abouav Cardiac Fund  
Edgar M. Kahn Memorial Fund  
Gustav and Rose Schmelzer Outpatient Clinic Fund  
Harriet Ornstein Memorial Fund  
Harry and Betty Curzon Endowment Fund  
Irene B. Dernham Fund  
Irma H. Reyman Memorial Fund  
Julian Meyer Cardiovascular Fund  
Rhoda Goldman Cancer Care Fund  
Zena Gross Greenstrand Memorial Fund

### EDUCATION FUNDS

Alice and Samuel Lilienthal Memorial Fund  
Blumberg Loan Fund  
Dr. Julius Rosenstirn Scholarship Fund  
Jacob Smith Surgical Lab Fund  
Louis and Amelia Bloch Memorial Fund  
Mabel E. Brush Endowment Fund  
Milton Meyer Teaching Fund  
Patricia Brown Memorial Fund  
Rhoda and Richard Goldman Fund  
Schwartz Education and Travel Fund

### RESEARCH FUNDS

Frederick J. Hellman Fund

General Research Fund  
Gilda H. and Irving L. Mayer Fund  
Gladys Bass Fund for Biomedical Research  
Harold Brunn Institute Endowment Fund  
Herbert L. Cook Memorial Fund  
Lorraine M. Newman Research Fund  
Lucie Stern Trust Fund  
Pearl B. Jacobs Trust Fund  
Rhoda Goldman Cancer Research Fund

### ADVISED FUNDS

Art For Recovery Fund  
Cutaneous Oncology Fund  
Cherin Diabetes Education Fund  
Dan Geller Memorial Research Fund  
Department of Medicine Fund  
Diabetes Research Fund  
Dr. Alan B. Glassberg Cancer Fund  
Dr. Alan Rosenberg Fund  
Dr. Allan Teranishi Fellowship Fund  
Dr. Ernest Rosenbaum Cancer Research Fund  
Dr. Harris M. Fishbon Fund  
Dr. Herman H. Uhley Research Fund  
Dr. Jay Gershow Cancer Research Fund  
Dr. Lawrence Margolis Radiation Oncology Fund  
Dr. Leonard D. Rosenman Fund  
Dr. Milton Pearl Fund  
Dr. Rubin L. Gold Memorial Fund  
Dr. Weinstein Education and Long-Term Care Fund  
Gerson R. Biskind Pathology Research Lab Fund  
Gospe, Herzog, Weil, and Domush Fund  
Harold Dobbs Cancer Research Fund  
James K. Edmund Memorial Fund  
Janet S. Landfear Memorial Fund  
Julian Davis Lectureship Fund  
Julius R. Krevans Fund  
Kerner Cancer Research and Education Fund  
Kidney Dialysis Fund

Marlene Spitz Cancer Fund  
May and Ben Shane Fund  
Medical Staff Library Fund  
Melanoma Center Fund  
Munsella and Goody Gensler Memorial Fund  
Richard F. and Maria B. Ury Endowment Fund  
Ruth and Ben Colloff Tumor Research Fund  
Stephen and Lillian Stuart Fund

### BOARD DISCRETIONARY

Mae Swig Memorial Fund  
Mark Berke Memorial Fund  
Martin Diamond Fund  
MZHF Unrestricted Fund

### MOUNT ZION HEALTH FUND BOARD OF DIRECTORS 2004-05

#### Officers:

David Agger *President*  
Sari Swig *Vice President*  
Robert T. Mendle, M.D. *Secretary*  
Alan Rothenberg *Treasurer*

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Bruce Spaulding  
Joelle Steefel  
Margaret Tempero, M.D.  
Harold Zlot

Please visit our website: [www.mzhf.org](http://www.mzhf.org) and learn more about MZHF's funding priorities, guidelines and application procedures, listings of grants recently approved, and other helpful information.



*A grant from MZHF made possible both fountains, located in the sanctuary courtyard garden designed by Topher Delaney, within San Francisco General Hospital's new Avon Foundation Comprehensive Breast Center.*





# MOUNT ZION HEALTH FUND

Resources for a Healthy Community

COMMUNITY UPDATE : FALL 2004

## START-UP GRANT LEADS TO THRIVING IBD CENTER FOR NORTHERN CALIFORNIA

Less than three years ago, Mount Zion Health Fund approved a grant to help establish the UCSF Center for Colitis and Crohn's Disease at the Mount Zion Campus. Today, more than 800 adult patients receive ongoing care there, with an average of 10 new patients seeking care each week – some from as far away as Reno. The Center emphasizes a multidisciplinary approach, utilizing a team comprised of adult and pediatric gastroenterologists, surgeons, radiologists, pathologists, nutritionists, psychologists, ostomy nurses, and social workers. According to its founder, Jonathan Terdiman, MD, the Center is now the acknowledged leader in the clinical care of inflammatory bowel disease (IBD) patients in Northern California.

Additionally, a major focus of the Center has been clinical and translational research. Under the direction of a full-time clinical research study coordinator, a large number of investigator-initiated and industry-supported research studies are now underway. To complement these efforts, an IBD patient registry has been established, with over 800 active patients enrolled. The registry tracks patient treatments and outcomes, and will serve as a research instrument itself.

Dr. Terdiman recently told MZHF, "The Center is thriving, *continued on page 2*

## SUPPORT TO JEWISH HOME CONTINUES CARING TRADITION OF MOUNT ZION HOSPITAL

Building on the Jewish Home's history of support for underserved populations, especially Russian Jewish émigrés, MZHF has made a significant program grant to the Home – one of our community's most vital institutions. The grant will be used in part for continuing training and education for staff nurses and for translation services to address the unique needs of older adults, families and caregivers within the Russian émigré community, both during an individual's initial transition into the Jewish Home and throughout their residency.

Within its 130-year history, the Jewish Home has maintained its relevancy to our community by responding to the changing and increasingly complex health care needs of older adults. To continue meeting these needs, the Home is currently raising funds to undertake construction of a new facility and upgrade and renovate existing facilities. These changes, part

of the Home's "Fulfilling our Promise" campaign, will provide its residents with state-of-the-art medical clinics, improved meal services, and a new wellness space complete with complementary therapies, such as acupuncture and massage, and exercise equipment designed specifically for older adults. MZHF is also pleased to provide leadership support for this campaign effort.

According to longtime MZHF Board member David Melnick, "If we go to the roots of both our organizations, we find a parallel focus on meeting the health care needs of those most vulnerable in the Jewish community. MZHF's stewardship of philanthropic funds is well met by partnering with the Jewish Home to provide specialized, 24-hour health care for

these frail Jewish elders, the majority of whom are indigent."

For further information, contact Amy Rosenblatt Lui at 415 • 406 • 1107 or e-mail to [arlui@jhsf.org](mailto:arlui@jhsf.org). □



*Jewish Home resident Ben Lubitz shares his musical talent with a young visitor*



*The Jewish Home's Russian-speaking exercise class in full stretch*

## MOUNT ZION HEALTH FUND

Resources for a Healthy Community

# Grants to Mount Zion Campus Benefit a Range of Projects

The MZHF Board of Directors approved grants totaling \$480,000 to benefit a variety of new and continuing patient care and health education programs at UCSF at Mount Zion this past year. Under the guidance of Associate Dean Jeffrey Pearl, MD, the Mount Zion campus conducts peer reviews of grant requests twice a year. For the most recent cycle, professionals representing a variety of disciplines at the campus evaluated 35 proposals and recommended 13 to MZHF for funding.

Highlights from grants made for direct patient care include: creating **innovative educational materials** (laptop-based interactive video) for use by women of reproductive age; developing a **group exercise program for older women at risk for falls and fractures**; designing, implementing and evaluating a unique **program in symptom management and palliative care for cancer patients**; and conducting an **integrative medicine demonstration project**, utilizing physician consultation, acupuncture, massage therapy and guided imagery to reduce side-effects and improve post-operative recovery for cancer surgery patients.

Grants were also made to support several information technology projects

designed to strengthen infrastructure in order to better serve patients. Highlights in this area include: **creating a more integrated, flexible and effective database** for use by the Women's Health Resource Center and the Cancer Resource Center; and **upgrading specialized software** within Radiation Oncology to allow for customized reports and improved interface with other hospital and lab systems leading to better tracking of patients' protocols and outcomes.



*Participants in Art for Recovery painted this mural on MZ Hospital's 5th floor (based on the Matisse Jazz Series).*

In the area of training and research, grants include: supporting a **post-doctoral fellowship in integrative medicine** to encourage research on the safety and effectiveness of complementary and alternative medicine and thereby add to the collective, growing body of

knowledge about integrative medicine; and increasing awareness of and participation in clinical and behavioral research among patients from UCSF, particularly minorities.

Additionally, recent grants have been directed toward enhancing the physical environment at Mount Zion Campus. Among these are several **murals created and completed by patient-artists** working within the Art for Recovery program. These contemplative works of art have already had a positive impact on patient and staff morale alike. A new mural is planned for the recently remodeled Endoscopy unit, following the success of those already completed for the ultrasound rooms in the Women's Health Building and the hospital's fifth floor.

Dr. Pearl noted, "While all of these grant-supported projects play a significant role in improving the patient care we are able to provide at the Mount Zion Campus, the majority of them would not happen at all without the philanthropic support of Mount Zion Health Fund. The Campus community is grateful for the MZHF Board's consideration and partnership in bringing these innovative projects to fruition." □

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*IBD CENTER continued from front page*

and its inception was only possible because of the generous support from MZHF. I cannot overstate how critical and irreplaceable the funds from MZHF have been. We literally would never have been able to start."

For further information regarding the Center, please contact Yelena Idomsky at 415.353.7871. □

## MOUNT ZION HEALTH FUND

Resources for a Healthy Community

### Planning Underway for the first Jewish Genetic Disease Center in Northern California



MZHF is pleased to be assisting with the development of the first Jewish Genetic Disease Center in Northern California. The Center, which will begin operations early next year, is a collaboration between the Medical Genetics Groups of UCSF and Stanford, both of which are contributing specialized resources to the effort. The primary goals include outreach and education of the more than

300,000 Ashkenazi Jews in Northern California about genetic disorders which disproportionately affect that population. Ultimately, the Center will expand research of the disorders, as well as serve the entire western region as a resource for carrier screening, genetic testing, test interpretation and genetic counseling, provision of diagnostic services and medical care for affected individuals, and support of the families through any and all components of these processes.

The Center will build on the work of the 13-year-old UCSF-Stanford Lysosomal Disease Center <http://www.medschool.ucsf.edu/lysosomal>, a program which unites the expertise of a range of medical professionals and specialists to address more than 40 inherited diseases, of which Gaucher disease is the most common and Tay-Sachs the most well known.

Other organizations involved in the development of the Center include FD Hope Foundation and Sophia's Garden Foundation.

According to Seymour Packman, M.D., Director of the Center, "We look forward to serving individuals and families in ways that have not been available on the west coast. Our ability to provide a comprehensive program of genetic services, genetic counseling and medical care, including research, will be of significant benefit to a community that has lacked access to the best medicine has to offer for these genetic disorders."

For more information about the new Center's services, please call Cecilia Fairley, the Center's Genetic Counselor and Clinical Coordinator, at 415 · 476 · 5048 or contact her by e-mail at [fairleyc@peds.ucsf.edu](mailto:fairleyc@peds.ucsf.edu). □

## 2003-2004 SUMMARY FINANCIAL DATA

### Support & Revenue

Contributions	\$ 806,000
Interest & Dividend Income	1,455,000
Other Income	135,000
	<u>\$2,396,000</u>

### Expenditures

Grants by Fund Category	
Patient Care	\$ 447,000
Education	166,000
Research	401,000
Advised	1,516,000
Unrestricted	398,000
Custodial & Investment Related	287,000
Grants Management	224,000
	<u>\$ 3,439,000</u>

### Assets

Cash	\$ 98,000
Investments, at fair value	48,943,000
Total Assets	<u>\$ 49,041,000</u>

### Liabilities & Net Assets

Short-term Liabilities	\$ 338,000
Restricted Net Assets:	
Patient Care	10,789,000
Education	2,115,000
Research	10,612,000
Advised	<u>11,507,000</u>
Total Restricted Net Assets	35,023,000
Unrestricted Net Assets	<u>13,680,000</u>
Total Liabilities & Net Assets	<u>\$ 49,041,000</u>

## *A Tradition of Giving*

The following list includes memorial and tribute contributions of \$25 or more received by Mount Zion Health Fund from July 1, 2003 through June 30, 2004. We thank all our friends and supporters for their loyal generosity.

### **Art for Recovery**

California Healthcare Foundation  
Mr. Sam Camcam  
Mr. and Mrs. Ken Druskin  
Ms. Kimberly Fitzmorgan  
Mr. and Mrs. Charles Goodman  
Ms. Christy R. Kearney  
Mrs. Diane Klein  
The Lloyd Symington Foundation, Inc.  
Ms. Ellen S. Rothman  
Sanofi-Synthelabo Inc.  
Theta Delta Xi Gamma Chapter  
Ms. Rosemarie Zampino

### **Colloff Research Fund**

Dr. Ben Colloff

### **Herbert L. Cook Fund**

E. Marion Pattee Cook Estate

### **Diabetes Research Fund**

Ms. Jeanne Dean

### **Harold Dobbs Cancer Research Fund**

Mr. and Mrs. Joseph Lauretta

### **Dr. Harris Fishbon Fund**

Dr. Eugene T. Morita

### **Dan Geller Memorial Research Fund**

Mr. Gerald I. Ganz  
Mr. Richard Lesser  
Mrs. Mary Brady Schultz

### **Dr. Alan Glassberg Research Fund**

Ms. Frances Hildebrand

### **Kerner Cancer Research and Education Fund**

Mr. and Mrs. William M. Brinton  
Mr. and Mrs. Frank Herringer

### **Kidney Dialysis Fund**

Ms. Margaret F. Carter

### **Mount Zion Health Fund Unrestricted Fund**

Estate of Joan Kaufman  
Mrs. Alice Kay  
Mr. and Mrs. Walter Miller, Jr.  
Rolph-Nicol Fund  
Mr. and Mrs. Robert Thurlow

### **Mount Zion Medical Staff Library Fund**

Dr. Eugene T. Morita  
Dr. and Mrs. Daniel H. Neustein  
Dr. and Mrs. Leonard D. Rosenman  
Mrs. Maria Ury

### **Dr. Milton Pearl Fund**

California Healthcare Foundation

Mr. and Mrs. Michael Meyer  
Mrs. Helen L. Pearl

### **Dr. Ernest Rosenbaum Cancer Research Fund**

Ms. Rose Anker  
Mr. Stephen Barker  
Mr. and Mrs. Kenneth Baron  
Mr. Robert S. Basso  
Mr. Arthur Baum, Jr.  
Mr. and Mrs. Russell Benioff  
Mr. Arthur S. Berliner  
Ms. Leslie Berman  
Dr. and Mrs. Joseph I. Bernstein  
Dr. and Mrs. Philip Bernstein  
Ms. Diana Blank  
Dr. John S. Blankfort  
Blum Family Foundation  
Mrs. Jean M. Bordon  
Mr. and Mrs. Aaron Braun  
Mr. Elliot B. Broidy  
Dr. and Mrs. Sandor Burstein  
Mr. and Mrs. Jerry Cance  
Dr. Arthur Z. Cerf  
Ms. Kathleen Cleary  
Mr. and Mrs. Hank Cohen  
Mr. and Mrs. Richard Colsky  
Mr. and Mrs. Arnie Cornez  
Ms. Joan Coyne  
Ms. Jeri Dansky  
Mr. and Mrs. Keith Davis  
DDS Technologies USA, Inc.  
Mr. John C. Dean  
Mr. and Mrs. Bruce Denebeim  
Ms. Joyce Dinslage  
Ms. Janice Farrar  
Mr. and Mrs. Don Fernquest  
Mr. and Mrs. Stanley M. Friedman  
Mr. and Mrs. Peter Gandell  
Mr. and Mrs. Harold Gevertz  
Mr. and Mrs. Roger M. Goldberg  
Mr. and Mrs. Alan Gordon  
Mr. and Mrs. Stanley Green  
Ms. Patricia Harkess  
Dr. Claire Harrison  
Ms. Linda Hugle  
Mr. Richard Ford Jones  
Mrs. Jerrilyn Kaplan  
Mr. Joseph Karp  
Mr. and Mrs. David Kaufman  
Dr. and Mrs. Richard Kavich  
Judge and Mrs. Laurence D. Kay  
Ms. Kathy K. King  
Mr. John Lai  
Dr. and Mrs. Charles M. Levin  
Mr. William Levin  
Mr. and Mrs. Marvin Lewis  
Ms. Joanne C. Liss  
Mr. Robert S. Liss  
Mr. and Mrs. Larry Lopez  
Mr. and Mrs. Robert A. Lurie  
Lyondell Chemical Company  
Mrs. Evelyn Madfes  
Mr. Elliot W. Maluth  
Miramar Asset Management LLC  
Mr. and Mrs. David Mishel  
Dr. Eugene T. Morita  
Mr. and Mrs. Walter S. Newman  
Mr. and Mrs. David Pansini  
Ms. Joanne L. Perac  
Ms. Stacey Peterson  
Mr. and Mrs. Edward Powell  
Mr. Henry L. Richman  
Mr. and Mrs. Eli Rosen  
Mr. and Mrs. Marcel G. Ross

Mrs. Hannah G. Samuels  
Mr. and Mrs. Peter Samuels  
San Francisco Veteran Police Officers Association  
SBI USA, LLC  
Mr. and Mrs. Robert Schultz  
Ms. Cynthia Schuman  
Mr. Richard H. Selig, Jr.  
SEMI  
Shapiro Capital Management  
Dr. and Mrs. Jerry Shefren  
Ms. Bettie K. Slissman  
Mr. Norman A. Spencer  
Mrs. Charles Spivock  
Susan G. Komen Breast Cancer Foundation  
Mr. and Mrs. Robert Thurlow  
Verdi Club  
Mr. and Mrs. Elliott Warshauer  
Mr. Seymour Whitelaw  
Mr. David M. Whitman  
William and Margery Zellerbach Foundation  
Mr. and Mrs. E. Robert Wilson  
Dr. George Winston  
Mr. Joe Zablocki  
Barbara M. Zerhusen Trust

### **SF Immunization Coalition Fund**

McKesson Foundation Inc.

### **Dr. Allan Teranishi Fund**

Dr. and Mrs. Edward Aoyagi

### **Dr. Herman Uhley Research Fund**

Mr. Donald L. Phillips

### **Richard F. & Maria B. Ury Fund**

Ms. Lise Deschamps Ostwald

### **Claire Zellerbach Saroni Fund**

Estate of Kathryn H. Dodd

### **Zena Gross Greenstrand Memorial Fund**

Ms. Noreen Anosov  
Ms. Marcia Bach  
Mr. Leo Barton  
Mr. and Mrs. Vernon Berkowitz  
Mr. Sidney Chassy  
Dr. and Mrs. Michael Davis  
Ms. Anita Epstein  
Mr. Gerald Feather  
Mr. and Mrs. Lawrence S. Feather  
Mr. and Mrs. Lenny Feather  
Dr. and Mrs. Edward Freedman  
Ms. Naomi Glanzberg  
Mr. and Mrs. Elwyn Greenstrand  
Mr. and Mrs. Herbert and Libby Gross  
Mr. and Mrs. Jeffrey Heller  
Mr. and Mrs. Daniel Kirschenbaum  
Mr. and Mrs. Edmund Leibowitz  
Mr. and Mrs. Harry Levy  
Mr. and Mrs. Doug Meline  
Mr. and Ms. Larry Morley  
Mrs. Hilda Namm  
Mrs. Sylvia Potter  
Mr. and Mrs. Ken Saltzstine  
Mr. and Mrs. Michael Sassenoff  
Mrs. Betty Sherman  
Mr. and Mrs. George A. Swartz  
Ms. Kerston Swartz  
Ms. Pamela D. Swartz  
Dr. Morton J. Thoshinsky  
Mr. and Mrs. Samuel Trachtenberg  
Mr. and Mrs. Robert L. Wiener  
Mr. and Mrs. David Zeff

## 2003-2004 TRUST & SPECIAL FUNDS SUMMARY OF GRANTS

### ∞ Patient Care

<b>UCSF at Mount Zion Comprehensive Cancer Center</b>	
<ul style="list-style-type: none"> <li>• For programming at the Cancer Resource Center</li> <li>• To establish a program in symptom management and palliative care</li> </ul>	\$60,000 50,000
<b>UCSF at Mount Zion Osher Center for Integrative Medicine</b>	48,000
To create an integrative medicine clinical service for inpatients	
<b>San Francisco Child Abuse Prevention Center</b>	36,000
To retain a part-time consulting psychiatrist	
<b>UCSF at Mount Zion Women's Health</b>	
<ul style="list-style-type: none"> <li>• To support a two-year fellowship in intimate partner violence</li> <li>• To provide comprehensive lactation support services</li> </ul>	34,500 20,000
<b>Institute for Community Health Outreach</b>	21,000
To maintain HIV-related activities in the Bayview district	
<b>Planning for Elders in the Central City</b>	20,000
To multi-cultural outreach to expand availability of medical and long-term care services to seniors and people with disabilities	
<b>Continuum</b>	20,000
To support operations of this day health program for HIV+ and AIDS clients	
<b>Jewish Community Free Clinic of Sonoma County</b>	15,000
Second-year renewal of support for general operations	
<b>Volunteers to San Francisco General Hospital</b>	15,000
To help construct a healing garden for the Comprehensive Breast Health Center	
<b>Jewish Family &amp; Children's Services of the East Bay</b>	15,000
To facilitate access to health care through support of bilingual health navigators	



### ∞ Education

<b>UCSF at Mount Zion</b>	
<ul style="list-style-type: none"> <li>• To increase participation in research through patient education</li> <li>• For an innovative interactive health education program for women of reproductive age</li> <li>• To enable conversion of databases in support of the health information alliance</li> </ul>	50,000 25,000 20,000

### ∞ Research

<b>UCSF at Mount Zion Cancer Center</b>	
For two-year research projects in:	\$400,000
<ul style="list-style-type: none"> <li>• genomic analysis of patients with familial cancers</li> <li>• early diagnosis of graft versus host disease in bone marrow transplant patients</li> <li>• cost effectiveness of certain breast cancer prevention techniques</li> </ul>	
<b>UCSF at Mount Zion Osher Center for Integrative Medicine</b>	
<ul style="list-style-type: none"> <li>• For a research fellowship</li> <li>• For research project in positive affect and stress hormones in newly diagnosed HIV+ men</li> </ul>	43,800 31,000

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This partial listing includes awards approved by the Directors of Mount Zion Health Fund during Fiscal Year 2003-04 from Board discretionary and other funds, as well as selected significant awards from donor-advised funds.